



Their Final Farewell



A Word From Coach Davis

#10 KENNEDY KRAUS

I appreciate Kennedy's work ethic on and off the ice. On the ice, she was a strong voice and crucial piece in the lineup to push the pace and capitalize. As a captain, she has done a great job keeping the team culture in check by resembling resilience, and the desire to compete. While also being inclusive and supportive of all her teammates. We wish you all the best in your future endeavors!



#14 ELLIE HEGDAHL

With this short period of time to get to know Ellie, one thing that really stuck out to me is her passion for the game and her ability to navigate through challenges and be the best teammate/friend she could be. Ellie is a determined individual and because of that I know will be the reason for her success in the future. Thank you Ellie!



#31 MADDIE WILSEY

From what I have heard and now this past season, what I have seen. Maddie has been a fun, and uplifting team player. Her support for her teammates does not go unnoticed. Maddie plans to graduate with a Nursing degree and after this past year I can see she will be a perfect, uplifting support for any patient she comes across.



MORGAN BROWN (manager)

We appreciate the hard work and dedication behind the scenes Morgan has provided to our program. We know she cares about our team and program and it does not go unnoticed. We would like to thank you and wish the very best on your next chapter in life.





Kennedy Kraus #10

Year

Senior

Position

Forward

Major

Business Management

Hometown

Kasson, Minn.

CAREER BY THE NUMBERS

Year	GP	Goals	Assists	Points
2020-21	9	1	0	1
2021-22	16	2	3	5
2022-23	23	1	4	5
2023-24	23	4	3	7
Career	71	8	10	18

Kennedy Bids Farewell

THERE ARE SO MANY PEOPLE I want to thank and experiences to be grateful for. To begin, I want to thank my Mom and Dad for all of the sacrifices they took to help me live my life to its fullest potential, no matter how complicated I made theirs. Dad, I'll never forget how you built Rose and I a rink in our backyard one winter just because you knew how happy we were when we got to skate. Mom, I'll never forget when you went out of your way to buy me new "in style" leggings in the middle of a tournament I was nervous about just because you knew how much I wanted to fit in with the other girls. You both made me love the game of hockey more than I could myself, and I am so grateful you have always encouraged me to stick to what I love the most, no matter the hardships I went through. Rose, you are without a doubt the reason I came to St. Mary's. No matter how much I don't want to admit I followed my sister, in reality, I couldn't imagine seeing you end your hockey career without me because you are the reason I started. During our time together here at school, you were my life mentor and biggest motivator both in and out of the rink, and I can't thank you enough for all of the lessons you have taught me that will last a lifetime. Matthew, you were the only non-hockey-playing child so I am sure you were very annoyed growing up because Rose and I sucked up most of Mom and Dad's attention with all of our needs. It's safe to say I don't ever remember you complaining, I always knew you were a huge supporter of your little sisters even though you never really said it out loud (your intense career path and impressive grades have always been a great reminder for me to do better so thanks for that as well). Alex, you have given me the strength to fulfill these past couple of years to my greatest abilities. All of your endless support and motivation have put me at ease as I've been living out the remainder of my college career with a full heart and open mind. Thank you for guiding me into a future of amazing possibilities and everlasting confidence!

To my grandparents who have traveled to just about every single one of my games since I started playing hockey, you are some of my biggest motivators of all! Whether my games ended positively or negatively, I knew I could walk into the lobby to see two people I knew were so proud of me. I wouldn't change that feeling for the world! And to the rest of my extremely supportive friends and family who have cheered me on in the stands or from home, I am forever grateful for the love you let me feel that will follow me into my next steps in life past college.

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This 2023-2024 season as a senior SMU women's hockey player has been the most fulfilling year of my entire career. To my family, friends, past and present teammates, and coaches, I want you to know you are all the reason I got to where I am today! You have all made an incredible impact on my life. Focusing on now, I cannot give enough thanks to the girls who have been by my side all year long. From a record-breaking season to the amazing experiences we shared in Italy, every one of you has helped create unforgettable memories I'm going to continue to talk about consistently in the future. I couldn't have asked for a better support system and best friends.

I still cannot accept the fact that this is the last year I will be playing the sport that has completely changed my life. It's crazy to think I will never get to train for the next season, look forward to a game day, or celebrate a huge win with my team again. Not only have I been able to reflect and give thanks to those who have supported me throughout my hockey journey, but I can confidently conclude that my most prominent passion has taught me the greatest life lessons. Hockey has truly provided me with everything I could ask for, and with that, I couldn't be more grateful.





Ellie #14 Hegdahl

Year

Senior

Position

Forward

Major

Biology

Hometown

Brookings, S.D.

CAREER BY THE NUMBERS

Year	GP	Goals	Assists	Points
2021-22	18	4	1	5
2022-23	25	3	5	8
2023-24	13	1	0	1
Career	56	8	6	14

Ellie Bids Farewell

HOCKEY HAS ALWAYS BEEN A MAJOR part of my life. It has brought me many friends that turned into family. It has brought late nights, early mornings, and many adventures. It has helped shaped me into who I am today. Hockey has taught me strength, confidence, anger, motivation, and joy. I will forever be grateful for the lessons it taught me, and how to handle myself certain situations. My favorite part of hockey has always been the travel, tournaments, and memories made. At the end of the day, it is just a sport. None of the little things will matter at the end of it, just the memories and lessons.

Mom: Thank you for constantly being a shoulder to lean and for always believing in me. I couldn't have made it here without you. You have really shaped me into the young woman I am today. You have always been an inspiration and someone I strive to be like. I rely on you for more than I realize, and I cannot thank you enough for everything. Thank you for always pushing me to be a better person. I love you!

Dad: Thank you for all you have done for me in life and hockey. You are one of my greatest supporters and someone who has always pushed me to the best of my ability. You got me through the hard times and taught me that no matter what happens, I will be okay. I know I didn't always act like I wanted to talk to about hockey but without that, I wouldn't be where I am today. Thank you for everything, I love you!

Hunter: You are one of the major reasons I am where I am today. You have taught me many lessons through actions and words. I made it here because I wanted to be like you and move away from home. Thank you for always being my best friend and someone I can look up to and learn from. Thank you for showing me how to live life and how to do all the boyish things. Thank you for always believing in me and supporting my choices. I love you!

Grandparents: Thank you all for being with me from the start and supporting me in my hockey career. I have always enjoyed you guys coming to games and for the unconditional love and guidance in life. I love you all!

Trinity, Tristin, Katie: Trinity, Tristin, and Katie. You all have such a special place in my heart. I will forever cherish all the memories we had made. All of you have made me be the best version of myself.

Trinity, I miss you more than you could ever know. I miss when we first started playing hockey and how we used to run around the rink while our brothers were at practice. I will never forget when you chipped your tooth at the rink. I will never forget when you fell off your bike waving at me when you were riding by. Your laugh, smile, and

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genuine personality is always with me. You supported me no matter what happened in life.

Tristin, my second big brother, thank you. Thank you for always pushing me to the max. You are one of the major reasons I made it here today. I always wanted to follow in your footsteps and move away and play which I did. Without that opportunity I would have never made it to college hockey. I miss our family game nights and all the breakfast runs.

Katie, you were always the life of the party and always laughing. You taught me that no matter what, I can make it through anything. I miss all the rides to school and the time spent in the office when we should have been in class.

I miss you all and do my best to live life the way you all would have; I love you guys.

Reese: Hi Reese piecey. Look where we are. I just wanted to say thank you for being my best friend and one of my biggest supporters. You have always believed in me and helped pushed me to be the best person. You always listen to my problems and give the best advice. You have shown me that to not care what others think and to just go with the flow. Love you!

Jack: Hi Jack. Thank you for supporting me these last two years. You have always pushed me to be a better person. Thank you for always listening to my problems and letting me rant. You have supported me through some of the more difficult times. You always find a way to make my day better and put a smile on my face. I love you!

Maddie: Hey sugar plum! Thank you for everything over the last four years. No matter what, you have always been someone who brightens my day. You always make me laugh at the most random things. I will miss all our conversations, t.v. shows, store runs, and food runs. Yons 124 will forever be a safe place for us. I can't wait to see what you do with your future! Love you, butter-cup.

Morgan: Thank you for being such a great manager the last few years. I am so thankful for all the outfit trading and for being someone I can go to for anything. You have always been someone who lightens every room you enter. Thank you for all you do and have done for me. I will miss hearing your laugh and all fun times in the living room of Yons 124. Love you, Morgan.

Ken: Captain Ken, thank you for all you did for the

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team and your fellow seniors. I am so thankful for the time we spent together in Italy. You have always been the life of the party and the one who is down for anything. I will miss all the Mangos runs and the fun nights we had.

Seniors, overall, thank you for sticking by my side the last four years. Thank you for showing me that if we stick together, we can get through anything, at least the four of us. I can't wait for your futures and to see all the amazing things you accomplish. I also can't wait to attend some weddings, and little get togethers. I love you all and am so proud of each of you.

To the freshmen, there are so many of you. I appreciate each of you for your own unique perspective of the sport and life. You all push me both on and off the ice to be a better person. I truly admire your hard work and dedication towards the sport. I wish you all the best of luck with your futures and the next four years here at Saint Mary's. I can't wait to watch you all grow and keep this program moving in a positive direction.

Sophomores, you are all so talented and kind. I appreciate how well you guys do in school and on the ice. All of you have such a bright future. Keep working hard in school and continue to push one another both on and off the ice. Your halfway there, closer than it seems.

The juniors, you are some of the funniest people I know. The last three years have been some of the best because of you guys. I can't wait to support you in your last year coming up. You are all so bright and have a wonderful future ahead. Keep pushing, it's going to fly

by. One more year, don't take it for granted.

To past teammates, thank you for all the memories and for making me love the sport even more. Thank you for pushing me to be the pest person on and off the ice. It has been so fun to grow up with you all. I have had so much fun watching some of you in college hockey and playing for Team USA. To those older than me, I have enjoyed watching you start your lives and do amazing things, you are all so inspiring.

To all my coaches, past and present, thank you. Thank you for those that believed in me and those that didn't. You have all pushed me in one way or another. I have always admired a coaches love for the game and appreciate how much time and effort all of you put into the game. I don't know how you guys want to put up with a huge group of girls, it really takes a special person.

Professors of SMU, thank you for always pushing me to be the best student I needed to be. I admire all of you and the time you put into your work and the students. I really appreciate the relationship you are all willing to hold with students to make it feel like home. I would like to shout out Dr. Minnerath as she was one I could go to for anything. You all really make SMU very special and welcoming.

Time flies, have fun, and you know... LIVE, LAUGH, LOVE!

Thank you, hockey,

—Ellie Hegdahl #14



Maddie Wilsey #31

Year

Senior

Position

Goalie

Major

Biology / Nursing

Hometown

Little Canada, Minn.

Maddie Bids Farewell

HOCKEY HAS BEEN A PART OF my life for as long as I can remember. Looking back on my last 15 years of hockey, I don't think about all of the games I have won or the tournaments my team competed in. I remember the car rides with my dad to and from practice, I remember looking for my dad behind the net with his clipboard and my mom in the stands. I think about all the sacrifices my parents made to make my dreams come true. I remember the people I played with, the coaches that helped shape me into the person I am today, and the cool places I got to travel with my tier one team. Don't get me wrong, I love playing hockey; but at the end of the day, it is a game. It is a game I love and am so incredibly thankful for, but I am even more grateful for all the people who have helped me in ways big or small. I would like to thank so many different people, and I will do my best to put into words how many people have helped me get to where I am today.

Mom, you have been my biggest fan since day one. I remember when you didn't know the first thing about hockey, but you learned it for me; you sat in the cold rink and sacrificed so much time, money, and energy to support me and my love for the game. I knew I could always count on you to make me feel better after a bad game. I can't think of a time when you weren't smiling at me from the stands or in the car on the way home. I love you, Mom.

Dad, you truly inspired my love for the game. Taking the time to coach me means more than you will ever know. You made sure I had everything I needed to be successful; you advocated for me when I had nobody else. You may have been hard on me sometimes, but it was exactly what I needed. I will never forget all of our car rides together, listening to Jason Lewis and old tunes. The time hockey allowed us to spend together are some of my favorite memories. I love you, Dad.

Emma, my sweet clove, you are one of the biggest inspirations in all aspects of life. You are truly the strongest person I know, and I look up to you more than you realize; the way you take all of the challenges life throws at you and use them as fire to grow and flourish has changed how I see the world. I am so thankful I had a sister like you to support me along the way. P.S. I am so sorry for the time you broke your foot, tripping over my hockey sticks.

Grace, you have the biggest heart. You have been so supportive of me both on and off the ice; you always made me feel like I could do anything I put my mind to. I remember when you were little, playing with dolls up in the stands. I know I always have you to support me, and I am so thankful for that.

Grandparents, I want to thank you for all the love and support you have shown me. I knew I could always count on you for a ride to the rink. You loved me even on my worst days and I am so thankful that you could make it today. I love all four of you so much.

Jack, I want to thank you for the past six years of unconditional support. You have supported me after each win and even more after a loss. You have always told me I could do anything I put my mind to; you have made me more confident as an athlete. I appreciate you becoming a hockey fan for me even though, deep down, we both know you would rather be watching football.

Olivia, hey Simone Puff, my day one hockey buddy, you have been by my side for as long as I can remember. I will never forget in 10U when we were both terrible and wore fuzzy pajama pants under our gear. I will never forgive you for not ditching the Badgers to become a Cardinal. I am so thankful that hockey brought us together.

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Gabby, my favorite meatball, I can't put into words how thankful I am to have you in my life. You were so supportive of me when I left Roseville to go to Gentry. You have always supported me in my dreams of becoming a college athlete. I always look forward to seeing you in the stands. GO WILD.

Lizzy, hi muffin, thank you for being my roommate. I am sorry for the countless times I woke you up at 5 am when my alarm went off for lift or when the bus got back at 2 am. Thank you for always making me laugh after a hard practice or game. I am so thankful for you and for all of your support.

Past coaches, I have had the pleasure to work with so many amazing coaches. You have taught me how to be a better athlete but many of you have taught me so many lessons outside of the rink: how to have grit, how to hold yourself and others around you accountable, the lessons you guys have taught me have stuck with me for the past 15 years and will continue with me past graduation and onto my next steps. I would like to thank Zach Sikich, Noora Raty, Amanda Leveille, Adam Grode, Jason Montgomery, Kasi Petersen, Sarah Murraray and my dad for pushing me to be my best and making sure I had all the tools and resources I needed to be the best goalie I could be.

Past teammates, when I think about all of you, I don't think about how many goals you scored or what you may have accomplished on the ice; I think about the type of person you were. I remember the laughs and how much I looked up to you guys. I remember the amazing time we spent together on and off the ice. You guys have shaped me into who I am, and I hope to pass some of your legacy onto the next generation of Cardinals. You will never be forgotten.

Current teammates, I am so proud of all that this team has accomplished. I have no doubt that after my class is gone you guys will continue to grow and thrive on the ice and as people. You all are such kind and unique people. We have accomplished so much together this season, and when it is all over we will always have so many memories

to share. Promise to keep Petar's legacy alive and never stop asking why the bus stopped on the side of the road in Italy. Thank you for making tonight so special for my class, all your hard work does not go unnoticed. When I look back on my time playing with you I will remember how amazing you all were as individuals.

Freshmen, you came in at a time of uncertainty and you all took it in stride; you bought into the culture we had created and worked hard each day. I think you guys will be an inspiration to future generations of Cardinals.

Sophomores, in my head you will always be freshman, especially Mikayla.... You guys are a special group. I feel as if I got to know you all quite well. You guys are up and coming leaders with so many amazing things in store for you. I am so grateful for all of the time I got to spend with each and every one of you on the ice or in Yons 124.

Juniors, it is crazy to think you will be in my shoes next year. It feels like just yesterday Jenna and Sidney were sleeping through their alarms in Bro Will. You guys are the leaders now and I know you will all rise to the challenge and be a great role model for players to come. You guys are some of my best friends and I will always be thankful to Kasi and Sarah for bringing in amazing people like you.

SMUWH staff, Chad, Elly, Jess, Pierpont, Sara, and Morgan, thank you for all of the work you have put into this team. I appreciate the love you all have for the game and how you pushed me and all of my teammates to do our best. I know for a fact that this program would not be where it is today without all of the work you put in behind the scenes. Jess, thank you for being a consistent smiling face even when it was 5 am and all I wanted

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to do was crawl back into bed. Elly, thank you for running the show in Italy; I can't imagine how that trip would have turned out without you. Chad, thank you for buying into a program you did not create, thank you for supporting me as a person outside of the rink and for never making me feel guilty for having to miss practice for clinical. Pierpont, it was so great to see you back on the ice with us this season (even if it wasn't for the 5th year we all begged you for). Thank you for being a safe space. Sara and Morgan, you both are truly the backbone of this team. I can't even express how much I took for granted having clean laundry each day before practice, fresh water before each practice, and lastly the amazing music you would play that would keep me motivated throughout even the hardest practices.

Professors and SMU staff, I have had the privilege of working with so many incredible professors over the last four years. It has been amazing to look up in the stands and see so many of you cheering on my team. I want to thank you for always supporting me when I had to leave class early or miss it entirely for a game. You are what makes Saint Mary's so special.

Ken, hey captain, you are such a natural leader and this team would not be where we are today without you advocating for us. You have been such a positive light to me over the years and you know how to have a good time. I can't wait to watch you take on this next chapter of life. I have no doubt you will be successful in anything you put your mind to. I am so honored to be celebrating

senior night with you by my side, it feels like just yesterday there were 7 of us....

Ellie, Hey Pookie, I love how much time we have gotten to spend together this year. I am so thankful that I have had you by my side these last few years but especially this year. It feels like just yesterday you were sleeping on my floor in the "dog bed". I wish we had crossed paths at Gentry many years ago, but look at where we are now. I am so excited to spend time with you and the Jacks this summer. I am so proud of you and all you have accomplished. I know you will do amazing things after graduation and one day Jack A will buy you a G-wagon. P.S you are still the only person I have ever met from South Dakota.

Morgan, hello Betty, we both know that kind words are not our thing, but I will do my best. I am so glad that you decided to become a manager so we could spend even more time together, because clearly sharing a major and a room was not enough. You have been nothing but supportive of me. I knew I always had a safe space with you to really express how I was feeling, whether it was hockey related or something else. You are truly the funniest person I know and have helped me in more ways than you realize. Thank you for filling up all three of my water bottles and keeping Jeremiah safe during travel. I am so excited to spend another year here with you.

I am forever grateful for my time as a Cardinal, I wouldn't want to be a part of any other program.

—Maddie Wilsey #31

Morgan Bids Farewell



Morgan Brown

Year

Senior

Role

Manager

Major

Biology / Nursing

Hometown

Mahtomedi, Minn.

BEING A PART OF THIS TEAM THE past 3 years has been a blast and I am so grateful for smuwv and the friendships I have formed over the years. Smuwv is a family and such an amazing group to be a part of and I wouldn't trade my experience for the world.

To my dearest co-manager, Sara. Paul, what a joy it has been to manage with you. Thank you for the endless laughter and fun moments. There is nobody else that truly understands how much goes on behind the scenes and managing the team would not be the same without you. I love you Paul! (David says hi.)

To my fellow seniors, I truly lucked out finding friends like you three. Never let the group chat die. I love you guys with all of my heart.

Maddie, Patty, Peggy, Smith Todd, etc., how has it been 3 years since we met in the hallway of Bro Will? Look how far we have come, who would have thought we would be roommates for 3 years and counting? You are my favorite person and a pretty cool roommate. Thank you for pushing me to become team manager sophomore year, I wouldn't be where I am without you. My time at Saint Mary's would not be the same if I didn't have you by my side, I cannot thank you enough for being my best friend through the thick and thin and always having my back. Good thing we can't get rid of each other. See you at Sunnybrook. Love, Betty (Megan).

Ken, you really are just the best there is. You are such a light in my life and you never fail to make me smile. It has been so much fun getting closer over the years, especially this year. You have so many strong traits about you, one of which is being such a strong leader and advocate, and I can't wait to see what the future holds for you because I know you have big things coming your way. Thank you for always listening to my silly complaints and validating my random feelings. I can't wait to make the most of the next few months!

Ellison, remember when you stole my jeans? That was the start of such a wonderful friendship. Jokes aside, you are one of the greatest friends of all time. I am so sad we only had one year together as roommates. I will miss sharing clothes, drinking coke together, and our random nights of fun. Thank you for being such a good listener and a positive in my life. Wedding 2.0 this summer, call the DJ, STAT!

Kas, remember when Maddie lied about the outdoor rink? And remember when someone clapped when our plane landed? I am so grateful for our endless laughs, especially on the bus.

Sid, your positivity inspires me every single day. You are someone that I know I can always count on to lift me up and make me smile. Never stop being you.

Jenna, my sweet sweet Jenny. Where do I even begin? I am so blessed to have a friend like you in my life. Thank you for introducing me to Harris, MN. You never fail to bring a smile to my face. It feels like just yesterday we were in chemistry in LaSalle with masks covering our faces. I know I can always lean on you for anything and I appreciate you more than you even know. Special shoutout to baby Cora, thanks for sharing your niece with me! I love you Jenny! See you at The Fuse!

Ella, my fellow nursing student, it has been so much fun having every class together, I can't wait to continue to learn how to be a nurse with you. I am so thankful for you and our friendship!

Allie, you are awesome. Your smile is contagious and I appreciate you so much. Thank you for the endless belly laughs. Class of 2025 dude! (Insert blushing hands emoji)

Anna, there is nobody that I love getting McDonalds with more than

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MORGAN BIDS FAREWELL, from the previous page

you. It is so awesome that you are a fellow sniffy girl. You bring me so much joy and I am so excited to get a bonus year with you. Dons soon!

Leah and Reese, leese and reah, pistachio, my favorite little ones. I am stoked to live with you two next year. You two are menaces that I love so dearly. Don't ever change.

Sophomores- Celeste, Leah, Mikayla, Taryn, Taverie, Jordy, Teagan, Emme, and Josie, you all have such a special place in my heart. You are all so much fun to be around, so positive, and all around amazing people. I can't wait to see how far you all come in your next two years both as people and as hockey players. I am so proud of you all!

To the freshmen, Mal, Riley, Ella, Emily, Celia, Reese, Kenzie, Maggie, Skye, Soph, and Liv, each one of you has been such a wonderful addition to this team. You all came in to this year with a huge amount of grace as you faced the unknowns that the team had at the time, and I am so glad you all stuck with it. It has been so much fun getting to know each one of you and forming friendships with you all and I so look forward to watching you develop throughout your years at SMU.

Coach Chad and Coach Elly, thank you both for supporting Sara and I's many requests and having our backs as

managers. It has been so much fun getting to know both of you throughout the season.

To all of my professors over the years, thank you for being so supportive and encouraging me to be the best student I can be. Dr. Girtman, thank you for guiding me through both school and life. I am so incredibly grateful for everything you have done for me. Thank you for believing in me and pushing me to believe in myself.

Kylie, I really have no idea where I would be without you. Our friendship has made me a better person and I am so happy I met you. Being in the nursing program with you is such a blessing and I can't wait to see what the future holds. Thank you for everything.

Joe, the pub is my favorite place on campus. Thanks for always being there to make me surprise meals and pointing out when I am being crabby. My heart will forever be with my booth in the pub, and I will work on getting you that hockey hat...

2020 was a strange year to be a freshman in college. I never could have imagined how much I would grow to love Saint Mary's. I have been blessed with friendships and relationships that will last a lifetime and an education that I am so grateful for. Being a part of smuw is without a doubt the highlight of my years at Saint Mary's.